





Australian Learning and Care

35500

Cross-Sector Mental Health and Organisational Disruption Skill Set Brief, refer to website for further details

Be ready to help when it matters most

Knowing how to respond to a mental health challenge can make a vital difference in the workplace in context of disruption. Our Mental Health program empowers you with the practical skills and confidence to participate in managing psychological health and safety in the workplace and provide support to others in the event of disruption to the organisation or work area.

Delivery and Assessment

Flexible Delivery is provided via a blended hybrid environment Assessment incudes Written, practical and scenario-based assessment

Enrolment & Access

To enrol, please access alo.edu.au or email enrolments@alo.edu.au

Duration

Skill set duration is approximately 2 weeks, but may be adjusted for the students needs.



Qualification

You will receive a Statement of Attainment on your successful competency outcome.

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Languages We Speak

At ALO, we understand that learning in a language you're comfortable with can make all the difference. Our diverse team speaks multiple languages, ensuring you receive the guidance and support you need throughout your educational journey.















