

# HLTAID011 Provide First Aid

HLTAID011 Provide First Aid is the minimum requirement for workplace first aid compliance.

In this course, you will learn the skills and knowledge to be able to respond to and manage first aid incidences, providing care until qualified emergency help arrives. HLTAID011 Provide First Aid is trained in line with the Australian Resuscitation Council (ARC)

## Who Can Attend? Eligible Age 15+

This course is for students with existing first aid experience or for those who are new to first aid and comfortable learning in a blended delivery setting.

This course applies to both workplace and community environments.

## Course Content Overview

This course presents the following key skills and knowledge:

- Responding to an emergency.
- Apply appropriate first aid procedures.
- Communicate details of an incident
- Review incidents
- Perform CPR on an adult / infant
- Use an automated external defibrillator (AED)
- Use adrenaline auto-injector device (epi-pen)
- Respond to simulated first aid incident scenarios
- Recognise signs and symptoms and manage various first aid conditions/injuries
- Using personal protective equipment (PPE)

## RTO Entry Requirements

- Be physically able to kneel on the floor – required to perform CPR
- Be a minimum of 15 years of age (parent permission required)
- Understand the English language.
- Have access to a computer/ tablet / smart phone etc with a reliable internet connection including current email along with Microsoft office and adobe acrobat reader.
- Have your Unique Student Identifier (USI)
- Fees will be invoiced for the full amount. Talk to us about payment plans.

## Course Duration

This is a blended course combining:

- Theory is completed via e-Learning (online) prior to the course
- Face-to-face training & assessment

### Important Points to Note:

- e-Learning must be completed before attending the face-to-face session
- e-Learning can be done in one sitting or over multiple sessions
- Learners should allow up to 6 hours to complete the reading and online component
- Attending classroom training and assessment for 1 day.
- Access to an internet-enabled device (smartphone, tablet, or computer) is required

**Assessment** Assessment includes both theory and practical activities online and classroom attendance.

**Fees** Payable prior to commencement of the course

**Delivery** Delivery is blended to include online and face to face.

**Location** Face to face training is conducted in physical facilities at:

1 Gatewood Close Padstow 2211 1800 1800 88

We do conduct off site training in the workplace

**Statement of Attainment is issued on competent outcome**

## HLTAID011

**Provide First Aid valid for 36 months (3 years)**

**Note:** The HLTAID009 Provide cardiopulmonary resuscitation valid for 12 months (1 year) (incorporated in HLTAID011)

## Refresher Courses

Refresher courses are available to holders of certificates about to expire.

## Job Outcomes

First Aid officer in the workplace or community setting.

## Factors to Consider

The assessment criteria require students to demonstrate the ability to correctly perform at least 2 minutes of uninterrupted CPR on an adult manikin placed on the floor.

If you have a limitation that would affect your ability to complete the course, please call to discuss prior to booking **1800 1800 88** or **Email info@alo.edu.au**

## Dress Code

Ensure you wear comfortable clothing as you will be required to kneel on the floor during practicals.

## TO Enroll

Students need to be computer literate and have a basic level of language literacy and numeracy.

## Languages We Speak

At ALO, we understand that learning in a language you're comfortable with can make all the difference. Our diverse team speaks multiple languages, ensuring you receive the guidance and support you need throughout your educational journey.

